

Scleral Lens

Info sheet



FAQS

Do I need to clean my lenses every night?

YES! Cleaning the lenses with an approved solution kills microbes that can cause eye infections.

Can I rinse my lenses with water?

NEVER! Water can harbor pathogens that cause painful, vision-threatening eye infections.

Why do I need to use preservative-free solutions to fill the lens? Long-term exposure to preservatives can cause sensitivity and/or toxicity to the cornea.

Can I use eye drops with my lenses?

Please wait 5 minutes before inserting your lenses.

Can I wear make-up with my lenses?

Yes. Apply lenses prior to using makeup or facial products.

How do I tell if there is a bubble under the lens?

If your vision is blurry when you insert the lens, or if the lens feels uncomfortable, you may have an air bubble. If you think you may have a bubble, remove the lens and re-insert.

How many hours per day can I wear my lenses?

New Scleral Lens Wearer:

- 2-4 hours on first day
- Add 1-2 hours each day until the lenses can be worn all day
- 8-12 hours of wear per day is common

Is it safe for me to sleep in my lenses?

No. This can cause corneal swelling and abnormal vessel growth.

What if my vision is foggy/cloudy?

There may be debris trapped under the lens, or the lens may be dry. Remove the lens, rub it with cleaning solution and re-insert. If your vision remains foggy for more than a day, please let us know so we can evaluate your eyes and lenses for complications.

Why Scleral Lenses?

- They create a smooth optical surface for sharper vision
- Better comfort
- Stable, consistent vision
- Better vision vs. eyeglasses or soft contact lenses

I see a ring on my eye after I remove the lens. Is this normal?

There is often a depression in the tissue after lens removal. (Similar to removing a pair of socks.)

This should disappear within ~ 5 minutes.

If you experience significant impression or redness that persists longer than 10 minutes, please let us know.

What if I cannot remove my lens?

Don't panic! Wet the end of the tool with saline and place the removal tool near the 6 o'clock position toward the bottom of the lens. If the lens seems 'stuck', use your finger to push on the white part of your eye (near the lens edge) to break the suction.

How do I store backup lenses?

Lenses that are not being used should be disinfected and stored DRY in a clean case. Disinfect and soak the lenses before wearing.

(EXCEPTION: Lenses that are coated with Hydraprep should be stored wet and the solution should be changed monthly.)



Vision Specialists of Annapolis

116 Defense Highway Suite 502
Annapolis, MD 21401
410-224-8908
www.annapolis.vision